My Health*e*Vet is for you!

My Health*e*Vet is VA's online personal Health Record. It is designed for Veterans, active duty, service members, dependents & caregivers.

- Pharmacy: Track and refill your meds
- Appointments: view your future appointments and get email reminders
- Messages: communicate securely online with your health care team
- View, print, download a copy of your medical record

Is My Health*e*Vet secure?

It is important to protect your information. You are responsible for protecting your password and your downloads & printouts.

- Do not leave your printed information on a printer
- Do not save your downloaded information to a public computer
- When using a public computer, save your info to a storage device, such as a CD or thumb drive

The VA does not have your password. You can change it online if you forget.

MyHealth*e*Vet:
www.myhealth.va.gov

MyHealth*e*Vet
National Help Desk
Toll Free 1-877-327-0022
M-F 7 am to 7 pm CST

For TTY services
Toll Free 1-800-877-8330

STVHCS MHV Coordinator:
Craig Rickaway, MHA, MBA
210-949-3877

Audie L. Murphy (ALM) Campus
Polytrauma Building Rm 100.1
(lobby next to coffee shop)
7400 Merton Minter BLVD
San Antonio, Texas, 78229

Visit our MHV kiosk at ALM in the lobby across from the Emergency Department Coffee Shop

My Health*e*Vet

Download your VA Personal Health Record through My Health*e*Vet's VA BLUE BUTTON

scan above for website

Via the internet at:
www.myhealth.va.gov/

What is the VA BLUE BUTTON?

The VA Blue Button is an easy way for you to view, print, download, and save your information from My Health*e*Vet. When you use the VA Blue Button, you can select the information you want. Need a list of your medications? What to read the note from you last VA Health Care Visit? Whatever you choose, the VA Blue Button will give you a picture of your health, and allow you to track progress in reaching your health goals.

How will the VA Blue Button benefit me?

- You can easily access your personal health information all in one place
- You can always have a copy of your health information on hand
- You have the ability to print or save your information to a computer, CD, thumb drive, or mobile device
- You can improve information sharing between you and your health care teams

What information can I find in VA Blue Button?

VA Blue Button is YOUR personal health information which contains:

- Your personal health record
- Select portions of your VA Health Record
- Your DoD Military Service information

VA Blue button allows you to:

- Download your VA Health Summary
- Print your VA Health Summary
- Create customized reports
- Save your VA Health Summary

To learn more about your VA Health Summary, go to

www.myhealth.va.gov/mhv-portal-web/health-summary-va-ccd-learn-more

How do I sign up for VA Blue Button?

Register for your VA Personal Health Record (PHR):

1. Go to www.myheatlh.va.gov
2. On the right-hand side of the screen, select the Register Today button and complete the Registration page. Please review and accept the Terms & Conditions and the Privacy Policy
3. You are ready to log in and create your PRH and you are ready to go
4. Bookmark www.myheatlh.va.gov
5. If you are a VA patient, make a note to upgrade to a Premium account To upgrade, you will need to go through Authentication, a process by which VA verifies a Veteran's identify, either in-person* or online

*Authentication can be done in person at your VA primary care clinic, the Release of Information Office, or most specialty clinics.